

Name of camper		Date of stay	_

NOTICE TO PARENTS OR TUTORS OF THE PARTICIPANT:

It is mandatory to identify the camper's clothing and personnal items.

You must complete this form and put it in the luggage the 1st day of camp. Please respect the suggested list.

If during the stay we must provide perosnnal hygiene items or use the laundry services for the participant, we will have to charge you (according to the cost of the item or \$5 per laundry).

Always take in consideration the temperature and the weather conditions during the stay.

The sugested quantities on this list are established for a stay of 2 or 6 nights.

CLOTHING (suggested items, to be adapted for the camper's need)					To be completed by the monitor	
ARTICLES	SUGGESTED QUANTITIES 5 nights	QUANTITY IN THE BAGGAGE	DESCRIPTION (colors, patterns, etc.)	ARRIVAL	DEPARTURE	
Raincoat / wind jacket	1					
rain boots	1					
running shoes	1					
Hat / baseball cap	1					
Pants	4					
Short	3 à 5					
T-shirt/short sleeve shirt	4 à 6					
Long sleeve shirt	2					
Swin suit	1					
Pyjamas	2					
Slippers	1					
Underwear	7					
Camisole (if necessary)	2					
Socks	7					
Backpak	1					
Dirty laundry bag	1					
Bottle of water (reusable)	1					
Sport sandals	preferable					
Bra	if needed					



À L'ÉTAT naturel

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SUMMER CAMP AND REPSITES CLOTHING LIST & PERSONAL ITEMS

			EMS AND HYGIENE		
	SUGGESTED QUANTITIES 5	QUANTITY IN			
ARTICLES	nights	THE BAGGAGE	DESCRIPTION	ARRIVAL	DEPARTURE
Wash cloth	2	BAGGAGE			
Bath towel	2				
Comb / hair brush	1				
Toothbursh	1				
Toothpaste	1				
Soap	1				
Shampoo	1				
Doedorant	1				
Suncream	1				
Insect repellent	1				
Incontinence panties	if needed				
Sanitary pads	if needed				
Shaving cream	if needed				
Rasor	if needed				
Glasses	if needed				
Hearing aid	if needed				
Washing soap	if needed				
		FOR T	'HE NIGHT		
ARTICLES	SUGGESTED QUANTITIES 5 nights	QUANTITÉ APPORTÉE	DESCRIPTION	ARRIVÉE	DÉPART
Sleeping bag mandatory	1				
Blanket	1				
Pillow (provided)	0				

Pillow case (provided)	0				
Plush animal / doll	if needed				
		RESERVED	TO THE CENTER		
1- Missing items at the e	nd of the stay				
ARTICLES	QUANTITY		DESCRIPTION	DATE REMITTED	
2- Laundry service	•		•		
NO 🗆	YES 🗆		How many?		
3- Personnal or hygiene i	tems				
Soap	Toothbrush C]	Toothpaste	Other:	
Name person in charge:		Room:	Name of monitor:		

