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# PARENTS GUIDE SUMMER 2022

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Thank you for choosing Centre Notre-Dame-de-Fatima day camp! We strive to make your child's summer holiday experience unforgettable! Here is some additional information.

## **ADMINISTRATION OFFICES AND SITE ACCESS**

Our administration offices will be closed to the public. No transaction on site, we will be reachable only by phone or email. Access forbidden our premises from outsiders, and it is forbidden to circulate on the site at all times except for the arrival / departure area.

## **ARRIVALS AND DEPARTURES**

Procedures of arrival and departures are revised in order to respect security measures. Morning and evening reception is at the upper part section of the Centre, in the parking lot near the big top. Reception starts at 8:45 a.m.

### **You will need to go to the reception desk identified in your child's program:**

Gazebo / big top section: Touche-à-Tout programs, all ages.

Section in the park (to the left of the pool at the back): Bout-de-Choux, Jr. Outdoor, Outdoor and specialized programs.

Remember to keep a distance of 2 meters from other people at all times. It is strongly recommended for adults to wear a face cover at all times when arriving and departing at the day camp, even if we are outside as it can be complex to respect the distance while waiting.

## **SCHEDULE**

The typical schedule for a day at camp was modified regarding duration and number of activity periods. Camp schedule is from 9:00 a.m. to 3:30 p.m.

Our animation team is very creative and prepared fun activities for all in order to respect sanitary measures, like: boating, climbing, archery, obstacle course in the woods, camp fire, Survival, tennis, giant "Babyfoot" game and many more activities adapted to the new measures!

## **HOLIDAY**

Day camp will be open on July 1<sup>st</sup> 2022 (Canada Day).



2464, boul. Perrot, Notre-Dame-de-l'Île-Perrot, QC J7V 8P4 info@mon-camp.ca T 514 453-7600

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## SWIMMING POOL

The swimming pool will be open, with revised measures and lesser people in the pool. We plan to have 3 to 5 periods of pool per week. There will be **no canteen service** at the pool at daycare service.

For the day camp, there is recreational swim, almost every day. At the start of each week, each camper is assessed by our pool lifeguards. The camper will therefore do a swimming test in the water and be evaluated for 3 different swimming levels: Life jacket (PFD) compulsory at all times, PFD in the hollow water only or no PFD. We provide all PFDs for the day camp children, so you do not have to provide this item. The result is noted in his/her file and the instructor has access to it at all times. PFDs are worn even before the camper enters the pool enclosure.

## BACKPACK LIST

Items to bring to camp every day (well identified with camper's name)

We ask you that you limit to the strict minimum the items in your child's backpack. All toys, card games, electronic items from home are forbidden. These objects will be immediately confiscated from the camper and returned to the parent at the end of the day.

- Water bottle (MANDATORY, they will not be able to use the water fountain)
- Lunch box (ice pack)
- Sunscreen, ideally a spray
- Mosquito repellent
- 1-2 snacks (even if you take the meal service)
- Swimsuit and towel
- Waterproof (if rain)
- Hat / cap

*It is important to provide 1 bottle of water to fill as the water fountains will only be accessible for filling the bottles due to sanitary measures.*

## TIPS FOR THE LUNCH BOX

It is important to preserve the foods in lunch boxes. The CNDF and Chêne-Bleu day camp are not able to provide a refrigerated area for the lunch boxes. Here are some tips to keep your child's lunch cool and fresh all day:

- Place one or two Ice Pack in the lunch. It will keep food cold for 4 to 6 hours.
- Add a frozen juice box. It will keep the food fresher even longer.
- For salads and dairy produce, use an insulated container (« thermos ») that was previously cooled.

Monitors will make sure that backpacks and lunch boxes will be in the shades during the day. We can also benefit from our cold lunch boxes services. You must register at least 24h in advance, to see our menu go to our website.



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## DAYCARE SERVICES

Please note that we have new opening hours for our daycare services: **morning 7:00 to 8:45 and afternoon 3:45 to 6:00**. Due to security and sanitary measures, we must fix a quota for our daycare services. Please make sure to verify if there is still availability before leaving your child the daycare in the morning or at night.

## ATTENDANCE TAKING POLICY

At daycare, attendance is monitored at the daycare reception area. The monitors take attendance regularly during the day in different ways. Please note that Centre Notre-Dame-de-Fatima day camp takes control of children as they arrive on site or at daycare, but it is not responsible for children who walk or ride their bicycle.

## EXTENDED ABSENCE

If your child is absent for more than one day, we ask that you notify us by calling 514 453-7600 ext. 221

## ADDITIONS/MODIFICATIONS

**Online registration deadline: Friday at noon, before the coming week.**

**In case of cancellation** before provision of service, a file management fee of \$20 per child per week will be retained. No refunds after the beginning of service. In case of sickness or accident, lost days will be reimbursed "prorata" (doctor's paper mandatory).

## T-SHIRT

Exceptionally, this summer, there will be no day camp T-shirt given to the children.

## WEEKLY NEWSLETTER

At the beginning of each week, we will email you "L'Écho des campeurs." This newsletter gives you information concerning the activities for the upcoming week and all the important information about the day camp.



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