



CAFETERIA MEALS

Out of lunch ideas for your children?

Opt for our healthy hot meals served in our cafeteria.

The meals are carefully prepared by the Centre's kitchen team!

All meals are served with salad or raw vegetables, bread, juice, milk and dessert.

Dates	Days of the week – summer 2020				
	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 (June 25 th -26 th) Week 4 (July 13 th to 17 th) Week 7 (August 3 rd to 7 th) Week 10 (August 24 th - 27 th)	Tortellinis with rosée and vegetable sauce	Chicken salad on a baguette	Vegetarian tacos	Rigatoni with meat sauce	Fish filet
Week 2 (June 29 - July 3 rd) Week 5 (July 20 th to 24 th) Week 8 (August 10 th - 14 th)	Three cheese Macaroni	Whole wheat tuna wrap	Chicken and white bean stew	Chicken burger	Beef and lentil Shepherd's pie
Week 3 (July 6 th to 10 th) Week 6 (July 27 th to 31 st) Week 9 (August 17 th – 21 st)	Penne with lentil and vegetable sauce	Whole wheat Cesar chicken Wrap with bacon	Mexican rice with black beans and tortilla chips	Pulled pork sandwich	Vegetarian pizza on naan

Price

\$38/week

\$9.50/day (upon reservation only)



À L'ÉTAT *naturel*

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