

## **MEALS**

## Out of lunch ideas for your children?

Opt for our healthy hot meals served in our cafeteria.

The meals are carefully prepared by the Centre's kitchen team!

All meals are served with salad or raw vegetables, bread with butter, milk or juice and dessert.

Dates	Days of the week – summer 2018				
	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 (June 25th to 29th) Week 4 (July 16th to 20th) Week 7 (August 6th to 10th)	Fish filet	Cheese ravioli	Chicken Quesadillas	Pulled pork sandwich	Beef and lentil Shepherd's pie
Week 2 (July 2 <sup>nd</sup> to 6th) Week 5 (July 23rd to 27th) Week 8 (August 13th to 17th)	Turkey Croque- monsieur	Three cheese Macaroni	Grilled BBQ chicken	Honey mustard pork filet	Tuna Wrap
Week 3 (July 9th to 13th) Week 6 (July 30th to Aug 3rd)	Chicken burger	Penne primavera	Cesar chicken Wrap	Braised beef sandwich	Rigatoni with meat sauce

## Price

\$36/per week

\$ 9/day (by reservation only)



